

PRAYER WALK – CHAPEL 23 AUGUST

For those on-campus

Designed for groups of 3-4.

- Follow the route of the map (most are designed to take about 20mins of walking).
- As you walk, use your senses to engage with the world around you. Ask God to help you take notice of where He is at work.
- Read through the questions and prompts for prayer. You might want to think of all of them or just focus on one or two.
- Be conscious of people around you. Don't block footpaths etc. Don't make a scene.
- As you walk you might want to pray through your conversation or pause along the way for someone to pray.
- At least once on your walk stop for a few minutes just to take in your surroundings. Someone might like to pray at this point.
- If someone asks what you are doing, you might want to say "We're praying God's blessing on the neighbourhood. Are there specific ways we can pray for you or others?"

For those at home

- Choose a walk around your neighbourhood that will take about 15-20 minutes of walking.
 - If you find it hard to walk, you might choose to use [googlemaps](#)/[google earth](#) to do a virtual walk around your neighbourhood.
- As you walk, use your senses to engage with the world around you. Ask God to help you take notice of where He is at work.
- Read through the questions below. You might want to think of all of them or just focus on one or two.
- Be conscious of people around you. Don't block footpaths etc. Don't make a scene.
- As you walk you might want to pray through your conversation or pause along the way for someone to pray.
- At least once on your walk stop for a few minutes just to take in your surroundings. You might like to pray at this point.
- If someone asks what you are doing, you might want to say "I'm praying God's blessing on the neighbourhood. Are there specific ways I can pray for you or others?"



Questions and prompts for prayer

1. In what ways did you experience **God's presence** in the places you walked? How does this inform your prayers?
2. What did you notice that was **beautiful** on your walk? How could you pray in thanks to God for this?
3. Who are the **people** that might walk this same journey as you did today (you might have even walked alongside some on your walk)? How could you pray for them?
4. What are the dominant **cultural** expressions, languages used, values communicated, and ethnic affiliations you noticed on your walk? How could this inform your prayers?
5. What are the main **activities** that happen in the places you walked (e.g., home, work, study, play)? How could you pray about these activities?
6. What **needs** did you notice as you walked (e.g., need for connection, security, rest...)? In what ways could you pray for these needs?

Map





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Map your journey

If you are doing this prayer walk from home, or around your own neighbourhood, you might like to draw a map here of where you went.